ANGEL IBC NEWSLETTER

Mind Workshop – A terrific opportunity for our bowlers, old and new.

One of our newer members, David Young, is a Golf Pro with an expertise in Sports Psychology. Having been with us for 9 months, David has developed his thinking into how Sports Psychology can be effectively applied to the sport of bowls and he has kindly agreed to share his thinking with all members who wish to join him at 7.30pm on Monday April 11th.

David has already helped Paul Gent turn his season around and achieve some of his best performances of recent years, including now being only one step away from the County Singles Final.

Topics that will be covered by David on the 11th will include

- . 7 reasons you can play effortless bowls
- . How to play well under pressure
- . How to play your 'best shot' time after time
- . The 1st and 2nd laws of performance
- . The 3 words that may be sabotaging your game

This is a great opportunity for all of us as bowlers to learn from an expert as to how we may improve our own games. And it's free!

So do come along on the 11th if you can make it.

Bowls Club AGM

The Bowls Club AGM took place last Friday, March 25th, where the officers' reports were read out and new officers elected. There are still several vacancies available - without these positions filled there is a real danger of a reduced program of bowls, and this will undoubtedly impact subscriptions and green fees. The bowls club cannot run without a committee of people, and remember the old saying, many hands make light work. If you feel you can take on a role please contact any of your committee for details of what the job entails.

It was disappointing to see only a few people attend. Why is that? What stopped you from attending? Any feedback would be greatly accepted by the Bowls Committee.

Presidents Day

The annual Presidents match was held on March 6th. Reduced numbers due to a date clash with the Torquay holiday and a couple of no shows on the day did not dampen the enthusiasm and was enjoyed by all those who joined in. A raffle and rink fees, thanks to the board for donating that to the charity, raised £193.05 for Papyrus, suicide prevention in young people.

Kent League latest

The Men currently sit 3rd in the Kent League and the Ladies 5th. Well done to all who have played this season - a great achievement!

Results from County Finals 2019/20 - including new badges

Unbadged Singles win for Gary McIlravey 21-8 v Tom Attaway

Triples win for Lewis Goldup, Graham Standley, Duncan Hanmore over Gary McIlravey, Paul Gent, Tony Morez 16-12 Over 55 Fours win for Peter Harris, Brian Chalklin (sub for Tom Young), Graham Standley, Duncan Hanmore 16-12 v Oyster

New full badges - Lewis, Gary, Tony New colts badges - Colin Thoms, Babs Tomlin (Men's!)

Summer Opening Times

We expect a busy summer, with the usual program of roll-ups, leagues (including Summer Singles League), inter club matches, club competitions and Fantastic 5s.

The Club will thus be open 7 days a week, with the only difference to winter opening times being...

- . The club will close on Sundays at 3pm
- . There will be no staffed bar on Monday evenings (but the club and bowling hall will be open)

As ever, we will monitor club usage and adapt opening times as appropriate. With regards to our summer bowling ...

- . All the Roll-Ups currently running will continue through the summer, including Jim's Monday and Thursday daytime roll-ups, Lyn's Thursday afternoon new bowler roll-up, Liz's Friday evening roll-up and Brian's Sunday lunch time roll up.
- . The cut off for summer leagues sign-up is done and teams are now being arranged. However, if anyone would like to join in who hasn't yet signed up do let the league steward (Ray Ecclestone) know.
- . If you entered one of the regular Tuesday or Thursday daytime / evening leagues you will be contacted by your team captain in due course. Keep an eye on your pigeon holes.
- . If you entered the Singles League you will be emailed directly regarding which division you are in and who you need to play in your league. It will then be up to you to arrange your games.
- . The summer inter-club fixtures are all on your website. These are great for new bowlers to get some exposure to match play. Do speak with any of the coaches or Club Captains if you want more information on joining in with these matches.
- . The Fantastic 5s teams are on your website. We will add the draw and match dates when known. We wish everyone a great summer of bowling.

National round up/County latest

The 21/22 EIBA National Finals are currently running in Nottingham. Very well done to Maggie Standley on reaching the quarter finals of the Over 60 Singles and best wishes to Maggie and Jane Cogle in the Over 60 Pairs. Unfortunately our men lost out in 3 Area Finals this year so there are no Angel men at Nottingham this year.

This year's County competitions have reached semi final stage and we still have 4 entries going - Paul Gent in the Singles, Neil Ramage in the Unbadged Singles and Peter Harris, Graham Standley and Duncan Hanmore in both the Triples and Over 55 Triples. 3 of those games are being played on Saturday 2nd April. Good luck all!

Cancelled league games

Due to Covid, the few days the club was shut due to the flooding through the toilets, and obviously individual reasons, there are still many league games that have not been fulfilled. Please endeavour to play all your cancelled league games. As well as completing the season's leagues, we rely on the income raised for a full league season, and this will impact on the fees we have to set for next season.

Club Finals

Gary McIlravey has done a sterling job this season in getting us to Finals week, which will start on Tuesday 5th April.

The traditional Club Finals Night will be held on Thursday 7th April. There are finals that evening, the ladies singles at 5pm and the remaining 3 finals at 7.30. There will also be a free buffet served from 7.30pm, sponsored by SH Smart Repairs.

All members are welcome to come down and enjoy the buffet on Finals Night, whether or not you entered any of the Club Competitions.

We wish all the very best to all the finalists.... do come along and support some of the games - the bigger the crowd the better!

Italian Night

It's great to see so many people coming along on Friday to the Italian Night that Carl and Sam have arranged. The Curry Night was superb and we are sure this will be too. Please continue to show your support to them on their regular themed nights, and also during the summer months at lunchtime.

Race Night

Your social committee have organised a great night's entertainment for you in the form of a Race Night on Saturday April 30th. Look out for the posters around the club and make sure you come long - always a great night!

Carpet cleaning

We are looking for more volunteers to assist with regular carpet cleaning of the bowls carpet. Can you help? It takes about 45 minutes, which obviously needs doing early morning before people start playing. So ideally no later than an 08:00 start. Can you help? If so, contact the directors or leave a message with Paul behind the bar.

Social Media assistance

Paul continues to do our social media, but as he is working full time, is looking for someone to assist if possible. Do you have a spare half hour each week to help with posts? He is particularly looking for someone who could report on things that are happening during the daytime when he is not able to get to the club.

Etiquette

Neil and Paul will be making a video over the coming weeks as there seems to be some confusion over some rules of etiquette. In the meantime, here's a reminder of the basic rules:

- You should not enter the bowls hall when starting a game until the 7 minute bell has rung. This includes
 members whose lockers are in the bowling hall. These should not be accessed until the 7 minute bell has
 rung.
- Once the 7 minute bell has rung you can enter the hall but do then be aware of anyone standing on the mat preparing to play. Wait till they have released their bowl before entering.
- If going to your lockers in the bowls hall on the 7 minute bell, do not disturb people who are preparing to bowl on rinks 5 or 6 wait till their bowl is released.
- Do not walk past rinks when people are on the mat wait till they have played and then walk past whilst the bowl is travelling up the rink.
- When you get on the mat to play, check that there is no-one on the mat on the rinks next to you, playing in the same direction.

• If someone points out a breach of etiquette, apologise, and take it as a point of learning! Do try not to get defensive or abusive - we all make mistakes at times and accepting this graciously keeps harmony and makes us better people!

Torquay Bowling Tour 2022

Another year has passed and 55 members (48 bowlers) and their families have had another enjoyable Holiday in Torquay bowling against "Malvern Hills", "Moira Bowls Tour (Blue Team)", "Moira Bowls Tour (Green Team)", "Moira Bowls Tour (Red Team)" and "Whitby".

Each team played for two hours each day and then spent the rest of the day at leisure swimming in the superb indoor pool, playing in the large games room, attending other daytime activities in the hotel or just exploring the splendid English Riviera around Torquay. In the evenings there was plenty of fun, entertainment and dancing in the Starlight Lounge and a special visit to Babbacombe Theatre for a Variety Show.

Unfortunately, just two days before we left for Torquay two members of our group tested positive for Covid-19. It was then a race to reorganise the teams and find replacements. Fortunately Cliff Kelly agreed to stand in and had a successful week. We managed to borrow some bowlers from Moira's Bowls Tour to fill in for the other bowler.

Our Top Teams were:- Blue Team :- Trevor London, June Lay, Peter Granville and Linda Ecclestone

Red Team :- John Gunson, Mick Singer, A N Other and Mary Dennis

Green Team :- Jean Aldridge, Joy O'Connell, Geoff Wheddon and Doreen Stanford

Each winning a specially engraved trophy.

The Top Rink was won by:- Trevor London, June Lay, Peter Granville and Linda Ecclestone Each receiving an "Angel IBC Torquay Bowls Tour 2022" embroidered bowls towel.

There were also awards for the three losing teams.

Over the last few years John Gunson has assisted both me and Jackie Clarke with the scoring but unfortunately John has decided it is time to hang up his score-sheets and retire. John used to be the General Manager of Angel Indoor Bowls Club until his move to Southampton. Many thanks to John for supporting us for these last few years.

Next year's Bowling Tour will be from 5th March - 10th March 2023. Anyone wishing to add their name to the waiting list please contact Frank or June Lay on 01892 832684 or email: franklay46+torquaytour@gmail.com

Lease News

There have been some positive developments regarding the renewal of our lease.

As you may be aware, our current lease expired some months ago. We are thus now operating on a short term, temporary, lease agreement.

The next step remains with the landlord (Tonbridge & Malling Council) and we have been advised to expect a further offer of renewal within the next month. We are aware that this will include a significant increase in the rent payable, though there are other significant components that have been subject to discussion, such as the term of the lease and break clauses.

We will revert to members as soon as we are able to. In the meantime, indications are that an agreement can be reached.

News items for our newsletter, which will be published at the end of each month, should be emailed to the editor <u>angelnews338@gmail.com</u> by 25th of the month at the latest. You can also leave news items with the bar staff, in an envelope clearly marked Newsletter editor and include your name and a telephone number. Anything received after the 15th will be published the following month.