

ANGEL IBC NEWSLETTER. May 2026.

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From the Board.

Bank Holiday opening

Opening on bank holidays may sound straightforward, but we need to be mindful of the costs. If we open the bar, that means asking staff to work on a public holiday, as well as relying on a key-holder volunteer to open up at 8.30am and—if the bar is closed—return later to lock up.

After an online poll in which 35 people voted to open, we opened on Easter Sunday. However, only 10 people came to play. Once we accounted for lighting, heating, and bank-holiday wages for bar staff, we made a significant loss—using members' funds, which we aim to manage prudently. This year all of our overheads have risen significantly and we are doing our very best to avoid large increases to subs and rink fees.

May Day Bank Holiday - We decided to keep the rink diary open until a week before the holiday to assess whether opening would be financially viable. We have now decided to open, but the bar will remain closed. Future bank holidays will be decided in due course dependent on the uptake this time.



We depend on volunteers for pretty much everything connected with running the club. Some are more obvious than other and some are often unseen heroes, like Keith, Bob, Tony and Richard.

Routine maintenance of all flood resilience measures including testing all four water pumps and outfall drainage systems. Full Health & Safety measures were taken with one worker, Keith Elliment and three supervisors - Tony Borland, Richard Comben and Bob Bowlby (photographer)

Whether you're actually down the hole or holding the ladder your contribution is valued. Thank you

Bowling News

Mat Cleaning:

We all thought it was lovely that the finalists had very clean mats this year, it also makes a good impression when the club have a home competition or other visiting clubs.

We need more volunteers to help clean them once a month. To make it easier why not pair up with a friend and that would mean you both only clean 6 Mats each in a month. If we can reach 12 volunteers it would mean only once a year. So please put your name on the list or take my number and send me a text

And I will get back to you

Go on you know it makes sense???

Alison Lucas. 07582 236778 to join my What'sApp group



Wells done Babs!

Congratulations to Babs Tomlin who made it to the county over 60's final in Folkestone recently.

Sadly she was beaten by her opponent Sue McClintock of Royals, 21 12.

Hopefully next year, Babs

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From the Bowling Committee:

This serves to advise that Paul Obey has stood down as Chairman of the Bowling committee and Stuart Ingram has agreed to accept the role as Interim Chair until the AGM. The vacancy of Treasurer has been filled by Elise Goldstone.

The next meeting of the Bowls Committee is scheduled for Monday 11 May. As we have two Member Representatives on the Committee (Barry Tomlin / John Williams), there will be a standing agenda item going forward for them to raise any matters brought to them by members. As such, please feel free to reach out to them, ideally at least a week before the meeting, with any bowling matters you would like to bring to the Committee's attention (e.g. rink availability, internal comps, leagues, roll-ups, county / national comps etc).

League and Competition Secretary

Rule changes: competitions:

1) Challenger has 14 days from start date to make contact with opposition to arrange their game. After 14 days the opposition then becomes the challenger and must offer dates within 14 days. If neither make contact offering any dates both will forfeit that particular competition. I also recommend texting to confirm the play date for your game, so you have proof.

2) Once it is mathematically impossible to win your team match, that is the end of the game, the game must end. Prior to this, a losing player / team can choose to concede if they feel they cannot win.

3) One visit to the head. This must be after your penultimate bowl has been played. This is for singles and skips in team games.

This does not include men's and ladies singles championship, as this is played under the national rules.

4) Substitution player coming into a team. This must be agreed by both skips and they will inform the competitions secretary. If an agreement can't be reached or they don't want to find a substitution, then the competitions secretary will find a player. The substitute player must be of equal standard or below in skill level, as determined by the Competition Secretary.

News report: All competitions will be on Bowlr by the 4th of May at the latest.

League: Leagues will commence on the week of 4th May. All players, league play by dates sheet and information will be in their pigeonholes on Friday evening 1st May.

From Junior Coaches:

Brian Falloon Trophy: Juniors Edge a Thrilling Contest

This year's Brian Falloon Trophy match delivered exactly what everyone hopes for in a club fixture: skill, sportsmanship, and a nail-biting finish. The Juniors and the Accessible Bowling Team went head-to-head in a closely fought bowls match that kept spectators gripped right to the final end. Both sides showed impressive consistency throughout, trading shots and momentum in a way that made the result impossible to predict. The Accessible Bowling Team demonstrated excellent tactical play and calm under pressure, while the Juniors responded with determination and some standout individual performances.

In the end, it was the Juniors who managed to pull ahead by the narrowest of margins, securing the Brian Falloon Trophy for this year. Their win was well-earned, but the match also highlighted the strength and spirit of the Accessible Bowling Team, who pushed them all the way.

A big thank-you goes to all players, supporters, and volunteers who helped make the event such a success. Matches like this remind us what club sport is all about—competition, camaraderie, and community.

Lorna Goldup Junior/Family Co-ordinator



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Coaching

Drop-in Coaching Sessions.

As both attendance and feedback have been strong, these sessions will extend on Sunday mornings 9 -11:30 through to the 24th May

Remember, you don't need to be there for either the start or whole morning!

Interaction is generally for 15-20 minutes and you can then take changes away to practice.

Monthly Coaching Tip - Try a wrist rotation!

Those of you who have watched the World finals on tv may have noticed that then majority of bowlers rotate their wrist through either 90 or 180 degrees.

This can have a number of benefits but the primary one is that it helps your wrist come through straight at the end of the delivery action.

On a recent drop-in coaching session, I was working with James Wahrton to try and move his release point closer to his body to help with control and consistency.

The changes were not feeling natural to James though until we tried a 180 degree wrist rotation.

James's delivery instantly became smoother and his overall balance when delivering significantly better.

This won't be for everyone, but it is well worth a try to see if it naturally suits you.

Top Tip: This is only one to try if you bowl with a firm claw grip. It will not suit bowlers who cradle the bowl

The new carpet from a coaching perspective – six months on

There is a lot of talk of inconsistencies with the new carpet.

Whilst the carpet may not be perfect, a lot of people's issues relate to the fact that with a less worn nap the carpet will behave differently to the old carpet if you don't deliver your bowl consistently.

If you deliver your two bowls on the same rink fully upright each time on the same line and with the same weight then they will behave the same.

What will change the behaviour is if one bowl leaves your hand on a slightly different tilt.

As the nap on the carpet is now less worn, the carpet will provide more resistance than the previous carpet so the change in behaviour will be more pronounced.

The impact of this on bowls delivered on the same line will be

- If you deliver your bowl with a greater inward tilt then, the bias will impact later than previously so whilst your bowl will still finish narrow, it will be more forgiving and not finish as narrow.
- If you deliver your bowl with a greater outward tilt. The bias will also impact later than previously so that your bowl will hold out for longer making the carpet less forgiving,

Both of the above relate to the fact that by the time the bowl starts to turn it is travelling slower than the equivalent point on the old carpet resulting in less overall turn.

Other factors impacting this are

- Delivering one bowl perfectly along the ground and another with a bounce. The bounce will often take the bowl onto a different axis.
- Delivering two bowls with a bounce but at a different release point. They are less likely to run on the same axis.
- Having narrow bias bowls. The bias will assert itself even later and when the bowl is travelling even slower so the impact will be exacerbated.
- Playing a running wood will be relatively unimpacted as the pace of the bowl as you travel to the head will limit the nap impact.

The important point here is don't assume you can't trust your line once you have found it. Focus first on ensuring your delivery is consistent.

If there is still a variance then this may be a place on the carpet where there is a run for your bowls. If that is the case, you can try moving your position on the mat or the mat position on a different end.

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100 Club

This month's winners are:

Victor Armstrong

Arthur Sellen

Nigel Matthews

Each win £12

From the Editor

Deadline for the May Newsletter is strictly 5pm on May 28th

*Club Sponsors: Abbey Funeral Services Ltd: Ananda Clinic: Blossom Home Care: Bowled Over:
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