



## From the Board.

A very happy Easter to all of our members. A reminder that the club will be closed on Good Friday, April 3<sup>rd</sup>, Easter Day, April 5<sup>th</sup> and East Bank Holiday Monday April 6<sup>th</sup>. Open as usual on Saturday April 4<sup>th</sup>.

Those of you who attended the Bowling Committee AGM on March 19<sup>th</sup>, would have heard Ian Corke ask for clarification about the relevant roles of both the Board of Directors and the Bowling Committee. The entry below was published 4 months ago in the November newsletter, just prior to the club AGM. It's reproduced here for those who didn't see it. If anyone is still confused, please feel free to ask any member of the board or bowling committee.

### *Club AGM*

*7.30pm on Friday November 28<sup>th</sup> November. For newer members, please be aware that this is the club AGM and not the bowling committee AGM which is held in April. The two events are very different. The club AGM is hosted by the board of directors and deals with the management of the club as a business and includes the presentation of audited accounts. The bowling committee AGM is hosted by the bowling committee and deals with all things related to bowling, such as competitions and leagues. Members of the Bowling Committee are proposed by the membership and voted to office at the AGM. As a limited company, and under the memorandum & articles of association, the existing board of Directors, may invite a member to join the board and on their first AGM stand for election. Existing directors decide whether or not to stand again after a 3 year term, retiring by rotation. If they decide to stay, then they have to be proposed and seconded at the AGM. Directors are usually invited for their skill set, knowledge, or business experience. For the purposes of further information the club structure is set out below:*

**A. The club was formed as a limited company hence the name Angel (Tonbridge) Indoor Bowls Association Ltd** (hereafter called the club). It was registered at Companies House and must abide by company law. At the same time it was registered with HMRC for the appropriate taxation. Annual accounts must be approved at the AGM and filed at Companies House and with the HMRC. It operates under the memorandum and articles of association in this name. A Council of Management (the board) was formed which is the board of directors

*The powers of the board are all encompassing and from this the following was created:*

**B. Committees (BC). Constitution and Rules** for the club were set up for the sub-committees with the object of organising bowling activities at the club and to further the game of indoor bowls. Obviously, some committees have merged but the objects remain. Alterations to the Constitution and Rules can only be made at the BC AGM and all resolutions are subject to the ratification by the board.

**C. Byelaws.** The byelaws are approved by Angel (Tonbridge) Indoor Bowls Association Ltd Council of Management (the Board) under the powers conferred upon it and must be signed by the Company Secretary and displayed on the web site and notice boards. The Byelaws can be amended by the board at any time. Any proposals for amendments should be submitted in writing to the Company Secretary of the Angel (Tonbridge) Indoor Bowls Association Ltd for consideration by the board.

*The Byelaws, which includes assisted and junior associate members, were produced for the benefit of all members and it is most important that all members should be made aware of the byelaws. No member shall commit the club to any form of expenditure without the prior approval of the board.*

*The agenda will be issued 21 days before the AGM. Please refer to the club website to see last year's agenda & minutes*

**Please note that the Bowling Committee Secretary has now produced the AGM minutes which are on the website.**

## Bowling News

### *Mat Cleaning:*

Alison Lucas is kindly organising a rota of people willing to clean the mats on a regular basis. She wants to set up a WhatsApp group of those who are willing to go onto a rota. Please contact Alison on 07582 236778 to join her What'sApp group or for more details.

*Club Sponsors: Abbey Funeral Services Ltd: Ananda Clinic: Blossom Home Care: Bowled Over: Braeburn Care: Castle Cars: Churchill Living: EGlaze: Ellis & Co: Focus Investment Planning: Haywards Butchers: JP Glass: My IT Wizard: SH Smart Repairs: Tonbridge House: Warners Solicitors*



Thank you.

## Coaching

I hope to start a coffee and play session for those who find league games or the 2 hour turn up and play too long and feel that a few ends a chat and a coffee and start again would be a better option for them..

Hopefully the session would be on a Thursday at 12pm.

If you feel this would be of help to you, please don't hesitate to come and have a chat with me or leave your contact details in my pigeonhole or at the bar.

Les Herbert

### *Drop-in Coaching Sessions.*

For those of you who don't know me, I have been coaching Junior Bowls for 10 years and have been bowling and competing myself at the club for the last three and a half years. During this time I have helped a number of adult bowlers with advice. What I have found is that there are often relatively minor changes bowlers can make to their delivery actions that can significantly improve consistency on line, weight, a particular hand or length. This can mostly be achieved with 10-15 mins of review to help bowlers understand how changes can help that they can then take away to practice. I will be running drop-in coaching sessions through April between 9 and 11:30 on Sunday mornings (except Finals weekend). Whether you have been bowling for 6 months or 6 years but have a particular element you would like to try and improve then come and see me. No booking necessary, just turn up. If there is enough interest these sessions may extend beyond April.

John Williams.

### *Monthly Coaching Tip*

This will be a new feature for those who would like to improve their understanding on technique or tactics for one aspect each month.

If you can't wait for more then there is more extensive advice on the website under Bowling > Coaching > Techniques and Tactics

Body Position

Your body position is an important part of setting yourself up for a successful bowl.

Ideally, you want your body, feet and shoulders aligned with the line you want to bowl.

Even if your action does not allow for this then it is still important.

If you are too far off alignment, then the consequence will be

- Forehand – your bowling action is likely to take your arm away from your body
- Backhand – your bowling action will take your arm a long way across your body.

Both of these are significant barriers to control and consistency.

That is not to say you cannot bowl well at times but that by doing so you are making it more difficult to do so.

**Top Tip:** When playing on a different rink, if the line is different then adjust your body position. This allows you to hit that line without changing your action and benefit from the muscle memory you have already.

## Leagues and Competitions

*League Secretary Update - As I take on the role of League Secretary for both the summer and winter seasons, I would like to thank Matt Sellen for all the work he has put in over the past few seasons, and for his support in helping me transition into this role.*

For the summer leagues, sign-up sheets will be available from 2nd April. There will be a new noticeboard located next to the iPads in the bowls hall, specifically for league information.

# ANGEL IBC NEWSLETTER. April 2026.



[angelnews338@gmail.com](mailto:angelnews338@gmail.com)

*Competition Secretary Update* - The Juniors versus Assisted Bowlers match will take place on 10th April, with the finals following on 11th and 12th April. Please check the noticeboard for details of who is playing and when from the 2nd of April.

Everyone is welcome to come along to watch and support our well-deserved finalists. Thanks to our directors, the bar will be open all day, and there will be a buffet available on Sunday lunchtime, kindly prepared by our caterers.

A well-honoured club tradition will also be returning, with the presentation of all awards taking place after the finals on Sunday afternoon, presented by our President, Gwen.

Looking ahead to the summer competitions, sign-up forms will be available from 2nd April. Please note there is a new, clearly labelled box by the shop door for submitting completed forms.

I will also be hosting a meet-and-greet Q&A session on Friday 24th April in the restaurant area, with sessions at 12 noon and 6pm, for anyone who would like to learn more about the leagues and competitions—how they work, how to enter, and the rules. This will also be an opportunity to meet the team supporting me in these roles, without whom this work would not be possible.

I hope the 2026/27 summer/winter leagues and competitions are enjoyable and competitive for all. With the fantastic spirit and camaraderie we have at this club, I'm confident it will be another great season for everyone involved

Regards, Luke Cheetham League and Competitions Secretary

## *Torquay Bowling Holiday 2026*

Sun, Bowls and Smiles in Torquay!

Our annual Torquay Bowling Holiday once again proved to be a wonderful success. This year 31 members, including 27 bowlers, together with their families, travelled to the sunny English Riviera for a week packed with bowling, friendship and plenty of holiday fun. During the week we played a series of enjoyable and competitive matches against King George Field (Red Team), Moira Bowls Tour (Green Team), Abrook Park, Seven Stars, Local Mixed Side, Moira Bowls Tour (Red Team) and King George Field (Blue Team).

Across the tour we played 28 matches, finishing with the following results:

Won: 12 Lost: 15. Drawn: 1

Shots For: 317. Shots Against: 305

The games were competitive throughout, but as always, the emphasis was on friendly rivalry and enjoying our time together.

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### Top Teams of the Tour

Two teams produced particularly strong performances during the week and were each presented with a uniquely engraved Angel Torquay Tour 2026 Trophy.

Red Team

Jean Aldridge • Ray Ecclestone • Tricia Gallagher • Bob Bowlby

Blue Team

Adrian Philpott • Sue Sturmer • Peter Blake • Dave Woledge

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### Top Rink Award

The Top Rink Award was won by:

Luke Suckling • Chrissie Elliment • Eunice Philpott • Stella Moore

They recorded an impressive 23-shot winning margin against Moira Bowls Tour (Red Team). Each member of the rink received an "Angel IBC Torquay Bowls Tour 2026" Trophy.

The players on the losing team were also recognised with a special Angel Bowls Tour commemorative pen.

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## Plenty to Enjoy Away from the Green

Bowling took place for around two hours each day, leaving plenty of time to enjoy everything the hotel and local area had to offer. Members made good use of the superb indoor swimming pool, the large games room, and the variety of daytime activities available in the hotel. Many also took the opportunity to visit Brixham, where the Crown & Anchor pub became a firm favourite, especially for its excellent fresh crab sandwiches!

Evenings were just as enjoyable, with entertainment, music and dancing in the Starlight Lounge, as well as a special outing to the Babbacombe Theatre for a lively variety show.

## Looking Ahead to 2027

Planning is already underway for next year's tour: Torquay Bowling Holiday 2027. 7th – 12th March 2027

Anyone wishing to add their name to the waiting list should contact: Frank Lay. ☎ 01892 832684

Mob 07901 380331. [frank.torquaybowlingtour@gmail.com](mailto:frank.torquaybowlingtour@gmail.com) After another fantastic week of bowling, laughter and friendship, we are already looking forward to doing it all again next year!



## Sponsors

A very warm welcome to our new Silver Sponsor, EGlaze <https://eglazeld.co.uk>

We look forward to seeing John and Matt around the club. If you see them, please say hello.

## Social Angels

Hello all,

Spring is finally springing!

Thank you if you attended our music night with Peter Trott. I wasn't able to, but by all accounts, it was a success with Mr Trott doing justice to many tunes.

Next up is the ever popular Race night on Saturday 18th April. Always a favourite with you all. Reserve your place for £2 and then bring your cash on the night to have a flutter. Minimum bet is £1. Also, if you have ever dreamt of being a racehorse owner, now's your chance. Buy a horse for £5, you even get to name it and if it wins your race, then you win £20. There's a limited number of horses to buy, so be quick.

We are finishing off, before our summer break, with Miss Dot Com. A drag act, recommend to us, funny, tuneful and not to be missed. Date for your diary is 16th May.

See you soon

Jude Knowles Chair Social Angels



## 100 Club

This month's winners are:

Quarterly Prizes

£125 Linda Ecclestone

£50 Lynn Kenny

£25 Karen Ottaway

## Monthly Prizes

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[angelnews338@gmail.com](mailto:angelnews338@gmail.com)

Peter Hickey. Dave Herbert. Peter Blake  
Each win £12

From the Editor

**Deadline for the May Newsletter is strictly 5pm on April 29th**

*Club Sponsors: Abbey Funeral Services Ltd: Ananda Clinic: Blossom Home Care: Bowled Over:  
Braeburn Care: Castle Cars: Churchill Living: EGlaze: Ellis & Co: Focus Investment Planning: Haywards  
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